

The Aerial Challenge Course

Burma Bridge|Postmans Walk|Beam|Zip Wire|Etriers|Leap of Faith



@ The Wild Lodge, Khao Yai, Prachinburi

Aerial Elements



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Our challenge course is an experiential adventure program which is intended to invite groups and individuals to participate in a series of tailor made activities which involve the taking of perceived mental, physical and emotional risks. The course is a series of ropes cables and timber platforms designed to provide an individually challenging environment.

Safety and cooperation and the development of the individual via achievement are all essential elements and these qualities are emphasized by trained facilitators who guide participants through the course. Our challenge-by-choice approach enables each individual to experience success in the context of their own aspirations. We have found that on the challenge course, the greatest successes are rarely measured in terms of the height climbed or the distance leapt. In a team building adventure everyone has a role to play.

Burma Bridge

A steel foot cable with two rope hand rails in a "V" configuration. this is the introduction to the exposure of high elements.

Postmans Walk

A single steel foot cable with a single slightly slack rope hand line. This traverse requires slightly more balance and confidence.

Hanging Vines

Ropes hanging from an overhead cable on either side of the steel foot cable provide the means of balance and support for this traverse. Technique is everything on this element.

Beam

An eight inch teak log, 7 metres long. The task is to walk from one end to the other. Easy when on the ground, but slightly more challenging 4 stories up in the air.

Etriers

The most challenging traverse on our course. Etriers are single rung ladders suspended 1 metre apart from an overhead cable.

Leap of Faith

A seemingly easy task, simply climb to the top of the 6 metre pole, stand up on the top of the pole and then leap forward to strike the ball hanging a few metres in front.

All that is required is complete confidence in your teammates !



In addition to our fixed elements we have an overhead safety cable system that allows us to operate a range of exciting and adventurous stunts. Ranging from "the orange box tower" to the "flying squirrel". These tasks can be tailored to the requirements of the groups and provide everything from complex problems to flat out exciting. Exit from the course is via our "Zip Wire" a high adrenaline end to the high elements.

All of our high elements are protected by a dynamic belay system controlled by supervising staff from ground level. All participants wear a full body harness and helmet.



All equipment in accordance with European Standards:
EN 992, EN 12277, EN12492 & EN12275

Low Elements



Chasm Crossing | Spiders Web | Beam | All Aboard | Mohawk Walk | The Wall

Our purpose built, on-site, low element course is a great training ground encouraging communication and cooperation between participants. Individuals are able to build confidence whilst also developing balance and coordination skills. Each element requires the collective contributions of the team, engendering ideas, support and effort towards a common team goal.

The low elements are set in amongst the trees of the lodge area giving a pleasant outdoor environment with the hills of Khao Yai as an ever present backdrop.

Whilst the underlying themes are that of personal development, team building and groups dynamics, facilitators will make sure that these challenges are creative, exciting and most importantly - fun. We have a number of additional challenges that are not listed below and facilitators will work with you to ensure we achieve the right balance of challenges for your group or organization.

Chasm Crossing

This element requires the team to devise a way to travel from one side of the "chasm" to the other using only the planks given to them. No single plank is sufficient to bridge the gap and the solution is not as obvious as it may appear. The team will require patience, planning and cooperation to achieve a successful outcome.

Mohawk Walk

Success on this element is based on the groups ability to communicate effectively and exhibit positive group dynamics. The task is to move from start to finish along a number of taut cables using a combination of hand ropes and hanging "vines". Safety and spotting duties are carried out by fellow team members. Further challenge and group interaction can be generated by blindfolding some team members.



All Aboard

Using only a suspended "vine" to cross a gap of 4 - 8m from one platform to another, the main objective is to achieve this without touching the ground. As success depends on every member of the team remaining on the platform until the last person has arrived what initially seems a simple task becomes a major struggle for balance and space requiring coordination and teamwork.

Beam

Standing on a narrow beam the team are told to rearrange the order (e.g tallest at one end, smallest at the other) without touching the ground. Changing places in a limited space without losing balance requires teamwork, concentration and effective levels of communication within the team.



Spiders Web

The team are given the task of passing each team member through the various shaped holes of the human sized web without coming into contact with a single strand of the web. Once a space is used then the opening is no longer available to the rest of the team. A great deal of trust and "full term" planning is needed for successful completion.



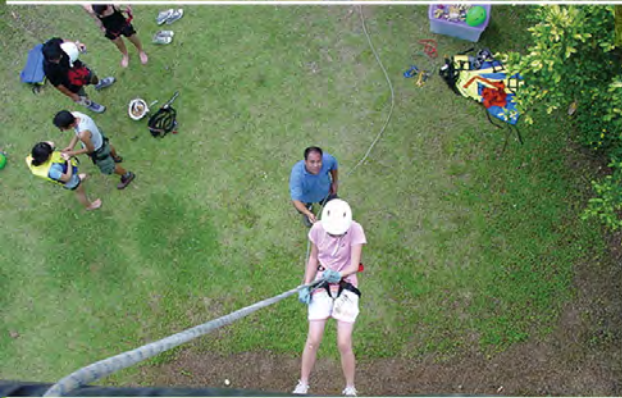
The Wall

The task is simple, get all the team members up and over the eight foot wooden wall. In order to achieve this objective the team will need to both physically and mentally support each other. This challenge is an excellent opportunity for team members to provide motivation and encouragement to each other.

In addition to the above we have a number of additional low elements that can be utilized for team building and group training according to the age, physical ability and objectives for the session.

**Teamwork|Problem Solving|Communication|Group Dynamics|Agility
Fun|Determination|Organisation|Balance|Co-ordination|Focus|Enjoyment**

Groups can combine our Ariel & Low Ropes course with half day versions of our other adventure activities for one of our action packed Adventure days.



Programs can be tailored from half day to a full week on day visit or residential basis

All technical equipment & instruction is provided. All that is required is a sense of fun and some enthusiasm.



**Designed
& Constructed Under
ACCT Guidelines**



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