



Program Title: Adventure & Teamwork

Client:

Duration: 5 Day 4 Night



Planet Scuba and the Wild Planet Co. Ltd. have over the last 15 years built a reputation for offering safe, fun and exciting adventure programs for Schools, colleges and corporate groups all over Thailand. Our intention with the Wild Lodge is to continue that reputation creating a location that offers first class programs, first class instruction and first class equipment within a relaxing and pleasant and ecologically sustainable environment.



We operate the Wild lodge in a way that promotes the active stewardship of our natural resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all of our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.

Prior to arrival

The department head and student welfare representative can be taken on a pre visit to the site prior to the finalization of the programs to address any supervisory or safety issues and to discuss program customization and optimization. If a number of teaching staff are involved in developing the curricular content, it is suggested all attend the pre visit.

As all of our activities are provided in house our program and activities can be customized as to the particular requirements of each student group.

A Wild Planet staff member can also visit the School if required and give a short audiovisual presentation to the students regarding what to expect on the residential, this can be fitted into a normal school assembly/lesson. We are also happy to conduct a presentation/Q & A session for parents to outline our code of practice and safety procedures, if required.

A full copy of our code of practice along with risk assessments will be provided for the program.

Teaching staff will receive a packing list for the students and depending on curricular based activities we have, if required study sheets and general information that can be utilized by teaching staff for preparation of students prior to arrival.

Equipment

Full equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities, full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. All students and school staff members are covered under our accident program.

ADVENTURE ACTIVITIES.

Students are split into small adventure groups and students will move through all adventures during the program.

Adventure Groups and Competition

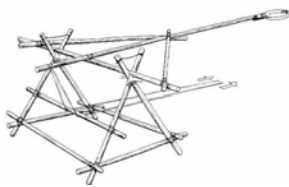
The adventure groups will all be encouraged to develop a group identity and work together as a team during the program. The groups will be given marks by each activity leader at the end of each session and these marks will go forward into a group competition that runs for the duration of the school's stay.

The marks take into account a number of values within the group, competence at the activity being only one criterion. Equally important are teamwork, enthusiasm and perseverance.

Challenge by Choice

Our challenge-by-choice approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructor's pressure. We have found during adventure activities, the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

1. Pioneering

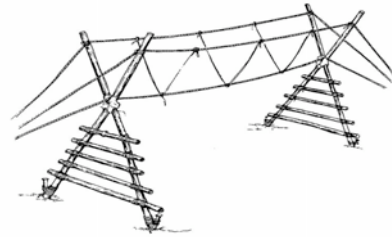


During this challenge within our main campground area we teach students how to build both a suspension bridge and a roman style ballista using only Eucalyptus spars and ropes to lash the spars together.

Upon completion of the pioneering project students will attempt to use the ballista's to

launch water filled balloons at their instructors as they cross the newly constructed bridge.

The students are shown the basic construction techniques and given some outline drawings. The completion of the tasks depends on them delegating responsibilities and working as a team to achieve a common goal.



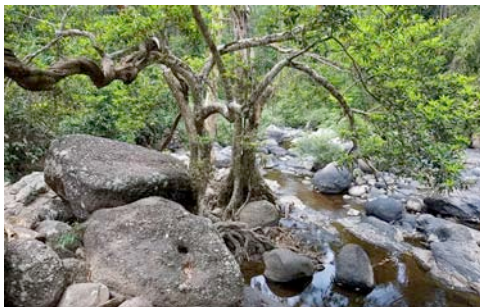
2. Archery

Within the grounds of The Wild lodge we have a 3-butt archery range and have a number of recurve bows to suit all sizes of archer.

Students will shoot a number of arrows at the range and compete as a team in the overall team competition.

Our staff are on hand to supervise the range and provide guidance and instruction for those that have never used a bow before.

Archery is a sport that requires concentration and the ability to relax and focus. The archery sessions are a good contrast to the more active adventures at the lodge.



3. River Bed Scramble

Running adjacent to the Wild Lodge in the season is a forest river formed by run off during the rainy season from the surrounding hills. The river has been carved from rock and boulders many thousands of years ago and this river is our route into the National Park itself as we climb back up the dry riverbed and small waterfalls into the park. The river is not flood prone and in the season that we ascend is dry.

Although strenuous this activity enables us to access the forest in an unorthodox way and students will experience the feeling of being completely immersed within the forest. Guides will also be pointing out the unique flora, fauna and wildlife as we move into the park.

4. Raft Building



This activity takes place in Wang Bon reservoir. Students are given some basic flotation and materials and are required to construct a raft to retrieve and object from its location in the centre of the lake and return it to shore. PFD's are worn during the testing and the sailing of the rafts and supervisory instructors are on hand. No guidance however is given in design or construction that is left to the group themselves.

This is a fun and exciting adventure that will challenge the students.

Groups are encouraged to work together as the exercise is intended to be a group effort, and we see students falling into the various roles required within the construction group.

5. Lake Kayaking/Canoeing

Instruction and practical application of kayaking/Canoeing skills. Students will be taught basic forward and reverse strokes, turning strokes and rescue techniques. A number of games will be played through out the session to practice the skills. All students will practice exiting and remounting the kayak/canoe. The students are under close supervision of instructors at all times and the wearing of life jackets is mandatory.

Students take basic canoeing and kayaking skills and water awareness away from this activity.



6. Low Ropes

Our purpose built, on-site, low element course is a great training ground encouraging communication and cooperation between participants. Individuals are able to build confidence whilst also developing balance and coordination skills. Each element requires the collective contributions of the team, engendering ideas, support and effort towards a common team goal. Low elements Low elements Low elements

The low elements are set in amongst the trees of the lodge area giving a pleasant outdoor environment with the hills of Khao Yai as an ever-present backdrop.

Additional Adventures.

Team Games

This is something that is supervised by the Wild Planet staff and includes a number of activities some 'old school' some new, that encourage the group as a whole to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.



These games are used at the start of the residential to encourage ice breaking and team building and also as fillers during do time throughout the program. Teaching staff are encouraged to join in.



A night under Canvas

Within the grounds of the Wild Lodge we have a camp area complete with toilet and shower block. Students will spend the third night of their program camping out here in tents that they will put up themselves.

For some students that have never

experienced camping before this can be as big a challenge as any of our adventure activities. But most agree after that it is one of their favorite places to stay.

SAMPLE ITINERARY

NOTE: All activities and sessions run by Wild Planet staff except sections highlighted which are supervised by School staff with assistance (if required) by Wild Planet staff.

Day One

09.00 Depart St Andrews International School. Transfer via coach to Wild Lodge.

12.00 Arrive Wild lodge, Lunch at the Sala

13.00 Orientation and group assignment, splitting into activity groups

13.30 – 15.30

Icebreaking and team games/challenges

17.30 Back to lodges.

19.00 Debrief of afternoon session, next day briefing +Dinner

20.00 Quiz night

22.00 Lights Out

Day Two (Tuesday)

07.30 Breakfast

08.30 Activity session 1

Archery- Group A

Kayak/Canoe – Group B

Waterfall scramble – Group C

12.00 Lunch

13.00 Activity Session 2

Low Ropes – Group A

Raft building - Group B

Pioneering – Group C

17.30 Return to lodges end of session

19.00 Debrief/scoring of afternoon session +Dinner

20.00 Evening activity.

22.00 Lights out

Day Three

07.00 Wake up

07.30 Breakfast

08.00 Activity Session 3:

Archery- Group C

Kayak/Canoe – Group A

Waterfall scramble – Group B

12.00 Lunch

13.00 Activity Session 4:

Low Ropes – Group C
 Raft building - Group A
 Pioneering – Group B
 17.30 Walk to campsite, set up tents
 19.00 BBQ
 20.00 Campfire
 22.00 Lights Out

Day Four

07.00 Wake up
 08.00 Activity Session 5:
 Archery- Group B
 Kayak/Canoe – Group C
 Waterfall scramble – Group A
 12.00 Lunch
 13.00 Activity Session 6:
 Low Ropes – Group B
 Raft building - Group C
 Pioneering – Group A
 17.30 Return to lodges end of session
 19.00 Debrief/scoring of afternoon session +Dinner
 20.00 Freestyle music evening.
 22.00 Lights Out

Day Five

07.30 Wake up
 08.00 Breakfast
 09.00 Free time/ activities/ swimming etc
 11.00 Check out and leave Wild lodge for return journey to Bangkok.



Accommodation

We have a number of individual lodges each lodge has a front balcony, main room and rear anti room with an en suite bathroom and rain shower. The main room is large and can be set up with beds for up to 8 students dormitory style. All of the lodges are screened against insects. In addition we have a separate lodge and some individual rooms within the main lodge building that can be used for teaching staff. All bedding and linen is provided for the group.

Type	No. of Beds	No. of Rooms	Total Rooms
Lodge	Up to 8	8	64
Lodge w/kitchen	4	1	4
Siam Rooms	1 dbl	2	4
Camping Lodge	2	2	4
Camp facilities	3/4	30 + tents	90+



Meals

Food will be Thai style buffet, with the exception of breakfast, which will include toast and cereal. Specific western food can be arranged if required. Please give prior notice of vegetarian requirements or any specific needs.

Meals will be taken in the main Hornbill sala, water will be provided with meals.

Throughout the day, water will be available during all activities, students are also required to carry their own water bottle (given to them at the start of the program), which can be refilled on demand within the lodge. All activity locations will also have a 'drink station'

Snacks Etc

A small 'tuck' shop is run by the resort staff, selling snacks and drinks at reasonable prices. The exact requirements and any control of purchasing required can be discussed during the pre visit.

Note: Details of other lodge facilities can be found in our main brochure.