



Program Title: **Khao Yai Adventure Challenge**
Client:
Duration: **5 Day 4 Night**



Planet Scuba and the Wild Planet Co. Ltd. have over the last 15 years built a reputation for offering safe, fun and exciting adventure programs for Schools, colleges and corporate groups all over Thailand. Our intention with the Wild Lodge is to continue that reputation creating a location that offers first class programs, first class instruction and first class equipment within a relaxing and pleasant and ecologically sustainable environment.

We operate the Wild lodge in a way that promotes the active stewardship of our natural resources and surroundings and encourages current and future generations to protect it, but at the same time get out into nature and enjoy it. We realize that this involves individual commitment and may not be embraced by all, but if we can have all of our guests leave us with a better appreciation of the outdoors then we are some way forwards to making a difference.



Prior to arrival

The department head and student welfare representative will be taken on a pre visit to the site prior to the finalization of the programs to address any supervisory or safety issues and to discuss program customization and optimization

As all of our activities are provided in house our program and activities can be customized as to the particular requirements of each student group via liaison with the teaching staff from your school or college

A Wild Planet staff member can also visit the School if required and give a short audiovisual presentation to the students regarding what to expect on the residential, this can be fitted into a normal school assembly/lesson. We are also happy to conduct a presentation/Q & A session for parents to outline our code of practice and safety procedures, if required.

A full copy of our code of practice will be given along with a program specific risk assessment once the exact itinerary is finalized

Teaching staff will receive a packing list for the students and depending on curricular based activities we have, if required study sheets and general information that can be utilized by teaching staff for preparation of students prior to arrival.

Equipment

Full equipment is provided for each student and accompanying school staff members for all activities. This will include PPE for water activities and harness and helmets for climbing activities, full details are provided in our activity risk assessments. No student or staff member requires any previous experience, as full instruction will be given before any activity commences. Wild Planet guides are trained in first aid and a full medical kit is present during all activities. All students and school staff members are covered under our accident program.

ADVENTURE ACTIVITIES.

Students are split into small adventure groups and students will move through all adventures during the program.

Adventure Groups and Competition

This will be discussed prior to the finalized itinerary. There is the option for peer grouping; House teams, form teams and a number of the activities' can be quantified in terms of a "score"

Challenge by Choice

Our challenge-by-choice approach enables each student to achieve their own successful adventure in the context of their own aspirations free from peer or instructors pressure. We have found during adventure activities, the greatest achievements are never in terms of the distance leapt or the height climbed and that in all our adventure activities everyone has a role to play.

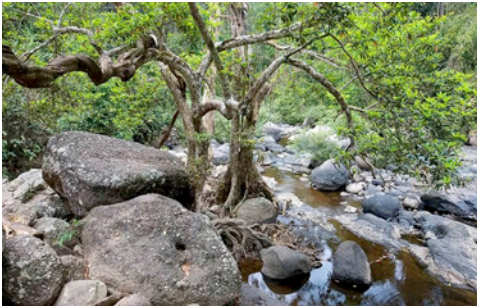
1. Archery

Within the grounds of The Wild lodge we have a 5-butt archery range and have a number of recurve bows to suit all sizes of archer.

Students will shoot a number of arrows at the range and compete as a team in the overall team competition.

Our staff are on hand to supervise the range and provide guidance and instruction for those that have never used a bow before.

Archery is a sport that requires concentration and the ability to relax and focus. The archery sessions are a good contrast to the more active adventures at the lodge.



2. River Bed Scramble

Running adjacent to the Wild Lodge in the season is a forest river formed by run off during the rainy season from the surrounding hills. The river has been carved from rock and boulders many thousands of years ago and this river is our route into the National Park itself as we climb back up the dry riverbed and small waterfalls into the park. The river is not flood prone and in the season that we ascend is dry.

If possible we will liaise with the relevant teaching staff to include a data collection/activity worksheet that crosses into the curriculum.

Although strenuous this activity enables us to access the forest in an unorthodox way and students will experience the feeling of being completely immersed within the forest. Guides will also be pointing out the unique flora, fauna and wildlife as we move into the park.

3. Aerial Challenge

Our challenge course is a combination of high and low Elements, which are intended to offer students the chance to participate in a series of tailor, made activities involving the taking of perceived mental, physical and emotional risks in a safe environment.

Students will be given a full safety briefing and belayed by an instructor whilst moving along the elements. Some of the elements are individual and some require group participation. The exact format of the course can be infinitely varied to suit the group.

This is a fun and exciting adventure that will challenge the students. Groups are encouraged to work together as the exercise is intended to be a group effort.





4. Canoeing

This session gives instruction and practical application of kayaking and canoeing skills. Students will be taught basic forward and reverse strokes, turning strokes and rescue techniques. A number of games will be played through out the session to practice the skills. All students will practice exiting and remounting the kayak/canoes. During the adventure session the students will complete a short journey and gain experience of both paddling with a single and kayak paddle the students are under close supervision of instructors at all times and the wearing of PFD's is mandatory.

This is a fun activity that is enjoyed by the students; they work together in teams of two, as all of the kayaks are doubles. They acquire basic canoe and kayak skills and safety knowledge and achieve a short kayak journey



5. Khao Ito Navigation trek



An initial briefing will allow the students to complete basic route planning for there route to the summit of Khao Ito Students will initially transfer to the entrance of the Forestry reserve, from there navigation will be the responsibility of the students using topographical maps and compasses. All supplies will be carried by students in day sacks.

This activity offers students a quantifiable journey and the route planning that is involved. They will walk within groups without any direct input from instructors or teaching staff. All navigational decisions will be made by the students themselves. Instructors will monitor the groups from a distance and be available immediately should the need arise.



6. Thai Cuisine Workshop

Students will split into small groups and learn how to prepare some basic Thai dishes which will be available at the end of the session for tasting.

Students will be closely supervised and taught basic preparatory and cooking skills.

Students will also be given an overview of diet and health and its relationship to traditional Thai cooking.

This is a workshop session that the students particularly enjoy. Cooking is set up on individual stations around the open Kitchen area.

ADDITIONAL ADVENTURES



Camping Challenge

Within the groups of the lodge we have a campground with attendant toilet and shower blocks.

Students will be taken here early evening and provided with all necessary equipment, food and water to enable them to pitch camp, cook an evening meal and spend the night outdoors under canvas.

Instructors will be on hand to provide some guidance and to set up an evening campfire, but primarily the aim of the exercise is for the students to look after themselves.

For some students this is the biggest challenge, never having cooked or needed to be self sufficient before. We find however than in hindsight for most students this tends to be the most memorable adventure of all.

Night Navigation

Students first receive a training session enabling them to confidently use a compass and to follow a heading and return on a reciprocal bearing.

Within the Wild Lodge and surrounding area a course is laid out consisting of a number of navigational checkpoints. The students are split into teams and each team starts a few minutes apart. Navigating between the stations until the Challenge is finished.

Basic map reading and navigational skills are used to move between stations and checkpoints. Each checkpoint has either a stamp or observational check.

The entire exercise takes place at night meaning that students are required to trust their navigation and have confidence in their map reading to have any chance of completing the checkpoints.

Team Games

This is something that is supervised by the Wild Planet staff and includes a number of activities some 'old school' some new, that encourage the group as a whole to participate and mingle outside their normal friendship groups. Some games are initiative based whilst others are pure fun.

These games are used at the start of the residential to encourage ice breaking and team building and also as fillers during do time throughout the program. Teaching staff are encouraged to join in.

OTHER DETAILS



Accommodation

We have eight individual lodges. each lodge has a front balcony, main room and rear anti room with an en suite bathroom and rain shower. The main room is large and can be set up with beds for up to 8 students dormitory style. All of the lodges are screened against insects.

Our main camp building has four bunkrooms and there is a dedicated teachers lodge with four rooms + 2 more Siam rooms in the main lodge. All lodges and rooms have high ceilings with fans and additional freestanding fans and are designed to encourage natural ventilation.

Type	No. of Beds	No. of Rooms	Total Pax
Lodge	Up to 8	8	64
Lodge w/kitchen	4	2	4
Siam Rooms	1 dbl	2	4
Bunk Room	4	1	4
Camping Lodge	2	3	12
Camp facilities	3/4	30 + tents	90+



Meals

Food will be Thai style buffet, with the exception of breakfast, which will include toast and cereal. Specific western food can be arranged if required. Please give prior notice of vegetarian requirements or any specific needs.

Meals will be taken in the main Hornbill Sala, water will be provided with meals.

Throughout the day, water will be available during all activities; students are also required to carry their own water bottle (given to them at the start of the program), which can be refilled on demand within the lodge. All activity locations will also have a 'drink station'

Note: Details of other lodge facilities can be found in our main brochure or by going to www.thewildlodge.com

ITINERARY

Day One (Tuesday)

09.00 Arrive Suvarnahbhum Airport, Bangkok. Transfer via coach to Wild Lodge.

12.00 Arrive Wild lodge, Lunch at the Sala

13.00 Orientation and group assignment, splitting into activity groups + Lodge groups

Group A, Group B, Group C, Group D, E, F,

Group session + teambuilding games.

17.30 Return to lodges end of session.

Representative students from each lodge head over to the camping area for the camping challenge.

19.00 Debrief/scoring of afternoon session +Dinner

20.00 **Night Navigation Adventure in groups.**

22.00 Lights out

Day Two

07.00 Wake up

07.30 Breakfast

08.00 Activity Session 1 :

Aerial Challenge- Group A

River Scramble - Group B

Archery – Group C

Canoe – Group D

Khao Ito Trek Group E

Thai Cooking Group F

12.00 Lunch

13.00 Activity Session 2:

Aerial Challenge- Group F

River Scramble - Group A

Archery – Group B

Canoe – Group C

Khao Ito Trek Group D

Thai Cooking Group E

17.30 Return to lodges end of session

Representative students from each lodge head over to the camping area for the camping challenge.

19.00 Debrief/Scoring of afternoon session +Dinner

20.00 **Sustainability and conservation talk**

22.00 Lights out

Day Three

07.00 Wake up

07.30 Breakfast

08.00 Activity Session 1:

Aerial Challenge- Group E

River Scramble - Group F

Archery – Group A

Canoe – Group B

Khao Ito Trek Group C

Thai Cooking Group D

12.00 Lunch

13.00 Activity Session 2:

Aerial Challenge- Group D

River Scramble - Group E

Archery – Group F

Canoe – Group A

Khao Ito Trek Group B

Thai Cooking Group C

17.30 Return to lodges end of session

Representative students from each lodge head over to the camping area for the camping challenge.

20.00 **Quiz and Challenge evening**

22.00 Lights out

Day Four

07.00 Wake up

07.30 Breakfast

08.00 Activity Session 1:

Aerial Challenge- Group C

River Scramble - Group D

Archery – Group E

Canoe – Group F

Khao Ito Trek Group A

Thai Cooking Group B

12.00 Lunch

13.00 Activity Session 2:

Aerial Challenge- Group B

River Scramble - Group C

Archery – Group D

Canoe – Group E

Khao Ito Trek Group F

Thai Cooking Group A

17.30 Return to lodges end of session

Representative students from each lodge head over to the camping area for the camping challenge.

19.00 Debrief/Scoring of afternoon session +Dinner

20.00 **Talent night**

22.00 Lights out

Day Five (Saturday)

07.00 Wake up

07.30 Breakfast

08.00 Check out of The Wild Lodge

09.00 Transfer to Bangkok

12.00 Lunch

12.30 City/River Tour

18.30 Arrive at airport for 20.50 Flight to Singapore